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Available Today on H&C New Masterclass With Nayel Nassar and Rob Hoekstra

Plus an Instagram Stories Takeover With Anna Buffini



instruction from Egyptian Olympian Nayel Nassar and former British Show Jumping Team Manager Rob Hoekstra. You'll be able to access this in-depth exploration of flat work and positional

techniques, as well as tempo control and shape and how it all applies over fences. This episode is another fantastic learning opportunity exclusively

Watch Here

Nayel Nassar was born in Chicago,

About Nayel Nassar

prix in 2011 with Vangelis S in Abu Dhabi. Nayel is a professional rider for Evergate Stables and has won numerous grands prix throughout his career. He has represented Egypt at the FEI World Cup Finals in 2013, 2014, and 2017 and the FEI World

Illinois, in 1991 but grew up in

Kuwait with his Egyptian parents. He

first sat on a horse when he was five

years old and won his first FEI grand

Equestrian Games in 2014. He is also a three-time winner of the HITS \$1 Million Grand Prix, and is the only rider to ever win the Speed Challenge and CSI5* grand prix at the same Longines Masters event. In 2019, Nayel rode Lucifer V to a

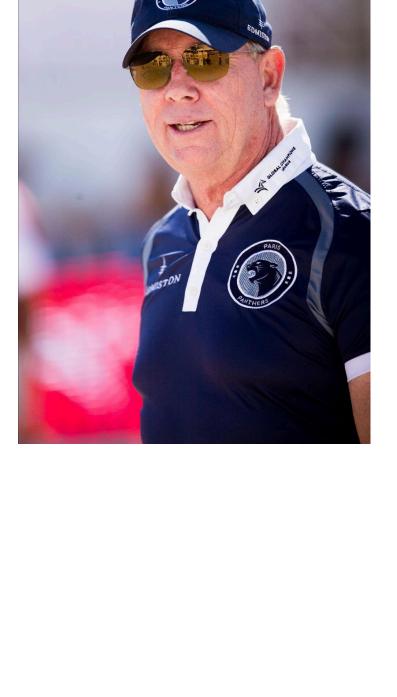
CSIO Rabat Nations Cup, which helped Team Egypt qualify for the Olympic Games for the first time in 60 years. He then competed at the 2020 Tokyo Olympic Games with Igor Van De Wittemoere. **Watch Here**

double-clear performance in the



About Rob Hoekstra

Netherlands in his junior years and later changed his nationality for



Nations Cup teams, won several international grands prix, and competed in numerous World Cups. He won the Hickstead Derby in 1999, and the following year he had another clear-round performance to finish in third place with Lionel II. In 2010, Rob was named manager of the British Show Jumping Team. Under his guidance, the team won both team and individual bronze

medals at the 2011 European

2012, the team won gold at the

Championships in Madrid, Spain. In

Rob Hoekstra represented The

Great Britain. He rode on many

London Olympic Games for the first time in 60 years. The team continued its success by winning gold at the 2013 European Championships in Herning, Denmark. Rob has also been the head coach for the World Class Development Programme, which identifies future medal winning riders, and is currently the team manager for the Global Champions League Team,

the Paris Panthers.

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Check it out on H&C Instagram

everyone behind the scenes at her base in San Diego, California, for the inside



scoop!







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